



# SHANDON TIMES

Winter 2014

## Neighborhood News

SHANDONNEIGHBORHOOD.COM

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### Shandon Times

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## Letter from SNC President Caroline Clarkson



Andrew and Caroline Clarkson

Dear Shandon Neighbors,

Friends and neighbors often ask me about the Shandon Neighborhood Council—“Who is on it?” and “What does it do?” Hopefully this article will help answer some questions.

Fifteen neighbors sit on the Shandon Neighborhood Council for three-year terms. We always recruit volunteers willing to actively organize and engage in neighborhood events to serve on the SNC.

Our bi-monthly meetings start with a brief welcome and introduction of Council members. Elected officials in attendance are introduced as well.

A Safety Report comes after the introductions. There are usually several members of the Columbia City Police Department who give not only crime statistics for the area, but also helpful safety tips. This year we have also heard from Richland County’s Solicitor and the Executive Director of the Five Points Association.

During the standing reports section of the meeting, minutes are approved, the treasurer gives a summary of the budget, extra copies of the *Shandon Times* are distributed and upcoming deadlines are announced. Updates are given for Neighborhood Events: these include the Turkey Trot, the Tree Lighting, the Homes for the Holiday Tour, the Easter Egg Hunt, and Neighborhood Night Out. Lately we’ve been discussing sign toppers which should start appearing on street signs soon.

During the Business portion of the meeting, we discuss topics that may require a vote. These have included Community Character historic designation, zoning requests, the dog park at Emily Douglas Park and lighting concerns. The final item on the Agenda is always Open Discussion and Announcements. The floor opens to those who want to make brief requests or presentations that would be of benefit to Shandon residents.

The March Meeting is considered our Annual Meeting. Elected officials are invited to this meeting to give an update on City Council, County Council, the State House of Representatives, and the State Senate. Checks are presented to A.C. Moore, Rosewood, Hand and Dreher schools and new members of the Neighborhood Council are elected and welcomed aboard. I am greatly enjoying serving as the President of Shandon Neighborhood Council and appreciate all the help I have received from the other members of this group. I look forward to seeing a lot of neighbors at the January meeting at Sims Park and the March meeting at Wesley Memorial Church at which time the SNC will be in the competent and caring hands of Dr. Ron Burns.

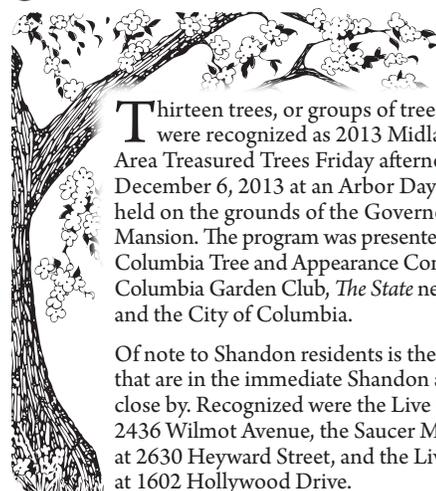
See you in the neighborhood,

*Caroline Clarkson*

## Shandon Trees Win Treasured Tree Award



By Trish Eccles



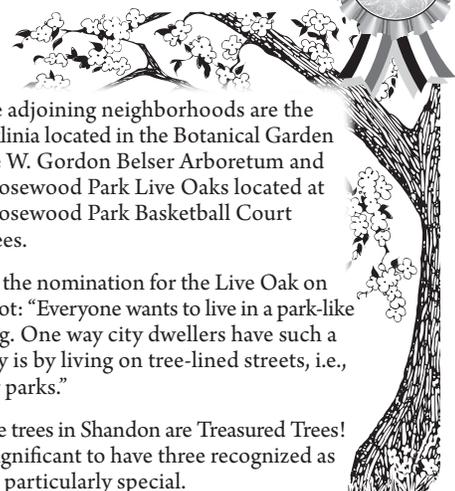
Thirteen trees, or groups of trees, were recognized as 2013 Midlands Area Treasured Trees Friday afternoon, December 6, 2013 at an Arbor Day event held on the grounds of the Governor’s Mansion. The program was presented by the Columbia Tree and Appearance Committee, Columbia Garden Club, *The State* newspaper, and the City of Columbia.

Of note to Shandon residents is the number that are in the immediate Shandon area or close by. Recognized were the Live Oak at 2436 Wilmot Avenue, the Saucer Magnolia at 2630 Heyward Street, and the Live Oak at 1602 Hollywood Drive.

In the adjoining neighborhoods are the Franklina located in the Botanical Garden of the W. Gordon Belser Arboretum and the Rosewood Park Live Oaks located at the Rosewood Park Basketball Court of Trees.

From the nomination for the Live Oak on Wilmot: “Everyone wants to live in a park-like setting. One way city dwellers have such a luxury is by living on tree-lined streets, i.e., linear parks.”

All the trees in Shandon are Treasured Trees! It is significant to have three recognized as being particularly special.





The 32nd Annual Shandon Turkey Trot was a success! The neighborhood road race and walk took place on Saturday, November 23, 2013. This year we had close to 200 runners and walkers. The celebrity race starter was

County Councilman Seth Rose. Make sure and get a shirt, only \$10, before they all run out by contacting Ashley Gwin at [ashleygwin@gmail.com](mailto:ashleygwin@gmail.com). Also, we will have turkey displays on sale again next year starting around October.

Many thanks to our incredible Turkey Trot Committee; Ashley Gwin, Ron Burns, Caroline Clarkson, Ryan Causey and all our volunteers and gracious sponsors!

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*Homes for the Holidays* ★ 2013

We had a great event on Sunday, December 8th, despite the gloomy weather. Not sure (as I go to print on December 10th) how many tickets we sold, but good crowd! Special thanks go to our seven homeowners who graciously opened their homes for the Tour – Rick Burch, Bubba Cromer, Michael and Jordan Mancini, Stan and Connie Lacy, Frank and Lane Quinn, Kim Carson and Glen and Melanie Matthews. Big thanks to all our advertisers and donors, too many to mention, but without them we could not put on this event! Thanks to those who worked the event, to include the docents, our restaurants (Earth Fare, Yesterdays, Crescent Olive and DiPrato’s). Thank you to our artist, Mike Williams, for the fabulous cover art, to our two major sponsors, Rep. James Smith and Mary Lane Sloan and most of all, the Tour Committee, who worked hard all during 2013 to make this another great fundraiser! If you would like your home featured next year, email [jluff@sc.rr.com](mailto:jluff@sc.rr.com)!



*Dear Shandon:*  
*It is an honor to be your voice on County Council. Please visit [SethRose.com](http://SethRose.com) for updates or call me on my cell phone 803.361.2360 with any questions.*  
*Most sincerely,*  
**Seth Rose**

**STANDON SHAPE-UP**

**Keeping Safe, Active & Warm**  
**\*\*\*\*\* During Winter \*\*\*\*\***

The temperature change in winter months can put a damper on our exercise routine. Cold weather can discourage many people from exercising. It’s easy to try to put your workout gear away and wait until the spring. You don’t have to let cold weather keep you from staying fit and reaching your health goals.

 Layering your wardrobe and keeping your hands, feet and head protected can help you stay safe during your outdoor activities. Your body creates a great amount of heat while exercising. The working muscles in the body are responsible for the heat production. Dressing in light layers that are easy to remove are key. The first layer of clothing should be a thin layer material such as polypropylene which draws sweat away from the body. Try to avoid cotton being next to the skin because it holds moisture. A good rule of thumb is to dress as if it is 15–20 degrees warmer.

 Your hands and feet can hold as much as 30% of your body’s heat. The blood flow is concentrated at the center of your body. This is why your hands and feet are more vulnerable for being cold. Wear gloves and thick socks. Choose footwear with traction if there is snow or rain. Protect your ears and head with a hat or headband.

 You are more at risk exercising when it is cold and raining. Pay attention to the weather conditions before heading outside. If wind and rain are in the forecast your safety could be at risk with slick roads or falling limbs. Fog is also a factor to consider when you are out early in the morning. When walking and running use reflective clothing. Bikers must have reflectors on the that are easily seen by cars or other pedestrians. If you are second guessing going out because of the weather trust your instinct and choose an indoor activity.

Stay fit, active and most importantly stay safe all year long. Here’s to a healthy 2014.

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## PRESIDENTS DAY FUN FACTS

Barack Obama is our 44th president, but there actually have only been 43 presidents: Cleveland was elected for two nonconsecutive terms and is counted twice, as our 22nd and 24th president.

Eight presidents were born British subjects: Washington, J. Adams, Jefferson, Madison, Monroe, J. Q. Adams, Jackson, and W. Harrison.

Eight presidents never attended college: Washington, Jackson, Van Buren, Taylor, Fillmore, Lincoln, A. Johnson, and Cleveland. The college that has the most presidents as alumni (seven in total) is Harvard: J. Adams, J. Q. Adams, T. Roosevelt, F. Roosevelt, Rutherford B. Hayes, J. F. Kennedy, and George W. Bush.

Presidents who would be considered "Washington outsiders" (i.e., the 18 presidents who never served in Congress) are: Washington, J. Adams, Jefferson, Taylor, Grant, Arthur, Cleveland, T. Roosevelt, Taft, Wilson, Coolidge, Hoover, F. Roosevelt, Eisenhower, Carter, Reagan, Clinton, and G. W. Bush.

The most common religious affiliation among presidents has been Episcopalian, followed by Presbyterian.

The ancestry of all 44 presidents is limited to the following heritages, or some combination thereof: Dutch, English, Irish, Scottish, Welsh, Swiss, German, and African.

The oldest president inaugurated was Reagan (age 69); the youngest was Kennedy (age 43). Theodore Roosevelt, however, was the youngest man to become president—he was 42 when he succeeded McKinley, who had been assassinated.

The tallest president was Lincoln at 6'4"; at 5'4", Madison was the shortest.

Fourteen presidents served as vice presidents: J. Adams, Jefferson, Van Buren, Tyler, Fillmore, A. Johnson, Arthur, T. Roosevelt, Coolidge, Truman, Nixon, L. Johnson, Ford, and George Bush.

Vice presidents were originally the presidential candidates receiving the second-largest number of electoral votes. The Twelfth Amendment, passed in 1804, changed the system so that the electoral college voted separately for president and vice president. The presidential candidate, however, gradually gained power over the nominating convention to choose his own running mate.

For two years the nation was run by a president and a vice president



who were not elected by the people. After Vice President Spiro T. Agnew resigned in 1973, President Nixon appointed Gerald Ford as vice president. Nixon resigned the following year, which left Ford as president, and Ford's appointed vice president, Nelson Rockefeller, as second in line.

The term "First Lady" was used first in 1849 when President Zachary Taylor called Dolley Madison "First Lady" at her state funeral. It gained popularity in 1877 when used in reference to Lucy Ware Webb Hayes. Most First Ladies, including Jackie Kennedy, are said to have hated the label.

James Buchanan was the only president never to marry. Five presidents remarried after the death of their first wives—two of whom, Tyler and Wilson, remarried while in the White House. Reagan was the only divorced president. Six presidents had no children. Tyler—father of fifteen—had the most.

Presidents Lincoln, Garfield, McKinley, and Kennedy were assassinated in office.

Assassination attempts were made on the lives of Jackson, T. Roosevelt, F. Roosevelt, Truman, Nixon, Ford, Carter, Reagan, G. H. W. Bush, Clinton, and G. W. Bush.

Eight presidents died in office: W. Harrison (after having served only one month), Taylor, Lincoln, Garfield, McKinley, Harding, F. Roosevelt, and Kennedy.

Presidents Adams, Jefferson, and Monroe all died on the 4th of July; Coolidge was born on that day.

Kennedy and Taft are the only presidents buried in Arlington National Cemetery.

Lincoln, Jefferson, F. Roosevelt, Washington, Kennedy, and Eisenhower are portrayed on U.S. coins.

Washington, Jefferson, Lincoln, Jackson, Grant, McKinley, Cleveland, Madison, and Wilson are portrayed on U.S. paper currency.

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## ROASTED RED PEPPER SOUP WITH MINI GRILLED CHEESE

Serves 8

### SOUP

- 6 red bell peppers
  - Olive oil
  - 2 onions, peeled and diced
  - 1 large russet potato, peeled and diced
  - 4 cloves garlic, peeled and grated or pressed
  - 1 teaspoon ground cumin
  - 1 teaspoon sweet paprika
  - 1 tablespoon tomato paste
  - About 3 cups chicken or vegetable stock
1. Place red bell peppers over the flame on a gas stove, and roast until charred all over.
  2. Place peppers in a paper bag (or in a mixing bowl covered with plastic wrap), and steam for about five minutes or until cool enough to handle.
  3. Using fingers or a paper towel, gently rub peppers to remove skin.
  4. Seed peppers, and roughly chop. Set aside.
  5. Heat a large stock pot over high heat. Add enough olive oil to cover the bottom of the pot.
  6. When the oil is hot, add the onions, potato, garlic, cumin, and paprika, and sauté until onions and potatoes just begin to brown.
  7. Add tomato paste and chopped peppers, and stir well.
  8. Add enough stock just to cover the peppers and potatoes, and bring to a boil.
  9. Reduce heat, and simmer for about 15–20 minutes.
  10. Let cool slightly, and use an immersion blender or food processor to puree soup until smooth. Season soup with salt and pepper to taste.

### GRILLED CHEESE

- 1 loaf sourdough bread, sliced
  - 8 ounces gruyère cheese, sliced
  - 1 stick unsalted butter, room temperature
1. Place a few slices of gruyère on top of a slice of bread, and top with another slice of bread.
  2. Place a large skillet over medium heat. When the pan is hot, add the butter and allow it to melt.
  3. Once the butter has melted, place the sandwiches in the pan, and grill until golden on both sides and the cheese has melted. Remove from the pan.
  4. Cut sandwiches into fingers and serve with the soup.

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**2014 Meetings of the Shandon Neighborhood Council:** Meetings are held the second Monday of every other month and begin at 6:15 pm. **January 13** at Sims Park • **March 10** (Wesley Memorial Church) • **May 12** at Sims Park • **July 14** at Emily Douglas Park • **September 8** at Sims Park • **November 10** at Emily Douglas Park

**GET TIED UP IN A GOOD CAUSE!**

On Sunday, February 9, 2014 Columbia will go for a GUINNESS WORLD RECORDS (r) record for the most bow ties tied at the same time. Be a part of something big! So, grab your bow ties, family and friends and head over to the Columbia Metropolitan Convention Center and help make Columbia not only famously hot but also world class! The event is free but registration is requested at <https://tieustogether.eventbrite.com> For more information, visit Tie Us Together on [Facebook](#) and on [Twitter @tieustogether](#).

**NEAR & THE SCOP:**

You can help reduce polluted storm water runoff by just picking up your pet's poop and disposing of it properly. Leaving pet waste on the ground increases public health risks by allowing harmful bacteria or organic material to wash into the storm drain and eventually into local water bodies. So remember—always scoop the poop!

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